



HEALTH CARE FOR HEROES

DID YOU KNOW?

The State of Maryland will reimburse you and your family up to \$150 (beginning July 1, 2024) of your TRICARE Reserve Select and TRICARE Dental Program premiums!



SCAN THE QR CODE to submit for reimbursement or VISIT www.OneStop.md.gov

TRICARE Reserve Select Health Premiums:

Any serving member of the Maryland National Guard (MDNG) can enroll in the program.

- ~ Member only Coverage
- ~ Member and Family Coverage



Scan for TRICARE Health Fact Sheet

TRICARE Reserve Select Dental Premiums*:

- ~ Sponsor only
- ~ Single
- ~ Family
- ~ Sponsor and Family Coverage



Scan for TRICARE Dental Fact Sheet

*To include full-time employees who enroll themselves or family members in TRICARE dental (i.e., AGR's may enroll for monthly Dental reimbursements).



CONTACT FOR MORE INFORMATION: MMD.HEALTHCAREFORHEROES@MARYLAND.GOV